





Date: 01/10/2020 Venue: ONLINE

Event: GO GREEN INITIATIVE

KLEF NSS Unit – 03, MECH Department has conducted a "Go Green Initiative" talk on 01st October from 10:30 AM to 11:30 AM.

Dr P. Yellamma of Computer Science Department and Program Officer of our unit is the speaker of the talk.



POSTER

Summary of the Talk

In a sentence, Go Green is to do things in a way that protects the natural environment. But it is very important for all the species living on earth and mankind. Going Green does not only involve recycling, it involves much more.

Going Green means to live life, as an individual as well as a community, in a way that is friendly to the natural environmental and is sustainable for the earth. It's not an individual contribution...







It's our collective work towards maintaining the natural eco balance in the environment and preserving the planet and its natural systems and resources for current and future generations.



We as a inhabit of this planet need to take steps, whether big or small, to minimize the harm we do to the environment...

Some of the small steps we can do right now are...

- Turning off the lights when leaving
- Turning the water off when not in use
- Using efficient light bulbs
- Use reusable and recyclable products

Going Green impacts our body, mind and relationships. The things we see, experience or hear can change our mood. A Stressful environment causes anxiety which in turn elevates blood pressure, muscle tension and heart rate.

A natural environment is a stress reliever, it heals and make you feel better emotionally and contributes to your physical well being. Going Green makes you a happy person.

You will feel better about yourself as well as the people and environment around you. You will feel a sense of accomplishment for doing something positive for our earth.





BE THE CHANGE GO FOR GREEN BE ECO-FRIENDLY USE ECO-FRIENDLY

"We Do Not Inherit the Earth from Our Ancestors; We Borrow It from Our Children"

Signature of NSS Program officer













Date: 08/08/2020

Event Name: Aatmanirbhar Bharat – Swatantra Bharat Quiz

NSS Volunteers of Department of Computer Science and Engineering of K L E F has participated "Aatmanirbhar Bharat – Swatantra Bharat Quiz" on 6th August, 2020.

We NSS Unit-7 volunteers have participated in the online quiz of Aatmanirbhar Bharat – Swatantra Bharat.70 members of our team attempted the quiz.

Summary of the Event

As a part of Independence Day Celebrations 2020, an online quiz competition on "Aatmanirbhar Bharat – Swatantra Bharat" is being conducted by Ministry of Defence in coordination with MyGov during 29th July – 10th August 2020 in order to create patriotic feeling among youth and masses.

Indian citizens aged 14 years and above can participate in the quiz and win the exciting prizes. So we the NSS team, participated in the quiz and learnt new









things.



Signature of NSS Program officer







Date:08/08/2020

Event Name: Launch of RashtriyaSwachhata Kendra by Hon'ble Prime Minister

NSS Unit-7 Volunteers of Department of Computer Science and Engineering of K L E F has participated in "Launch of RashtriyaSwachhata Kendra by Hon'ble Prime Minister" on 8th August, 2020

Summary of the Event



Prime Minister Shri Narendra Modi inaugurated RashtriyaSwachhata Kendra, an interactive experience centre on the Swachh Bharat Mission, on 8th August, 2020. A tribute to Mahatma Gandhi, the RashtriyaSwachhata Kendra (RSK) was first announced by the Prime Minister on 10th April 2017, on the occasion of the centenary celebrations of Gandhiji's Champaran Satyagraha.









The installations at RSK will introduce future generations to the successful journey of world's largest behavior change campaign, the Swachh Bharat Mission. A balanced mix of digital and outdoor installations in the RSK will impart information, awareness and education on Swachhata and related aspects. The complex interplay of processes and activities will be presented through assimilative learning, best practices, global benchmarks, success stories and thematic messages in an interactive format.

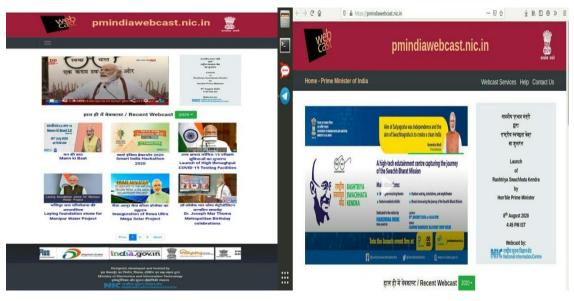


In Hall 1, the visitors will experience a unique 360° audio visual immersive show, which will narrate India's Swachhata Story - a journey into the largest behavior change campaign in the history of the world.

In Hall 2 contains a series of interactive LED panels, hologram boxes, interactive games and much more, to tell the story of the work done to achieve Bapu's vision of a Swachh Bharat. The open-air displays in the lawn adjacent to RSK will showcase three exhibits which are anecdotes from the journey of India from Satyagraha to Swachhagraha; the artistic wall murals around the Kendra also chronicle the core elements of the Mission's success.







The Swachh Bharat Mission has transformed rural sanitation in India and has changed the behaviors' of over 55 crore people from open defecation to using a toilet. India has received high praise from the international community for this and we have set a precedent for the rest of the world to follow. The mission is now in its second phase, aiming to take India's villages from Open Defecation Free (ODF) to ODF Plus, with a strong focus on sustaining ODF status and ensuring solid and liquid waste management for all.

As a NSS team we need to know about it so we watched the programme through the link given.

50 members of our team have been part of the event.







Date:15/08/2020

Event Name: Launch of Fit India Youth Club on 15th August 2020

NSS Unit-7 -Volunteers of Department of Computer Science and Engineering of K L E F has participated in "Launch of Fit India Youth Club" on 15th August, 2020

Summary of the Event

The Fit India Youth Club, a part of the Fit India Movement envisioned by Prime Minister Narendra Modi, endeavours to harness the power of youth to create mass awareness about the importance of fitness, across the country.



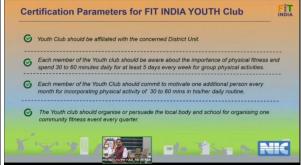
The Fit India Youth Clubs bring together fitness and voluntarism in a unique way in which 75 lakh volunteers of Nehru Yuva Kendra Sangathan and National Service Scheme, along with Scouts and Guides, NCC and other youth organisations will come together to register as Fit India Youth Clubs in every block in the country, under the aegis of a district unit and each member of the club will motivate people from the community to take up fitness activities of 30 to 60 minutes in his or her daily routine," read a sports ministry release.













As a NSS team we need to know about it so we watched the programme through the link given. 40 members of our team has been part of the event.



Additionally, the clubs will encourage schools and local bodies to organise one community fitness program every quarter. Speaking about the initiative, Rijiju said, "Only a fit citizen can contribute adequately to his or her country and help fellow citizens in their times of need. India is a country of 1.3 billion people, and we have 75 lakh youth volunteers already, and that number will go up to 1 crore very soon."





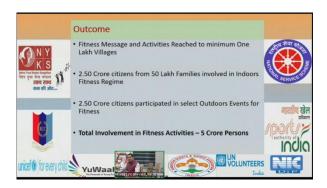




The run has already gathered momentum across the country, with elite athletes, corporate leaders, men in uniform, school students taking to social media and posting pictures and videos of their Independence Day run with #Run4India and #NewIndiaFitIndia.



Various organisations like CISF, ITBP, BSF, CBSE Schools, CICSE schools, our own NSS, NYKS volunteers Scouts and Guides other youth organisations are taking active part.









Date:21/08/2020

Event: State Level Virtual Awareness Workshop on Using of Eco-Friendly Ganesha

NSS Volunteers of Department of Computer Science and Engineering of K L E F has participated in "State Level Virtual Awareness Workshop on Using of Eco-Friendly Ganesha" on 21st August, 2020

Summary of the Event

NSS Cell of BEST Innovation University – Anantapur Andhra Pradesh, in association with Telangana state biodiversity board, Telangana state pollution control board and Lee Shreyus foundation has organized State Level Virtual Awareness Workshop on Using of Eco Friendly Ganesha on 21st August, 2020 from 10:30 am – 03:00 pm. Nearly 300+ members participated.







India is land of Festivals, we welcome the seasons, harvest, rain etc... We worship animals and plants. If we are carefully see right from local festivals to national wide big festivals. They are about conservation of natural resources.

If we understand every festival it is evident that our culture actually is protecting nature and the festivals suggest us to live in harmony with nature i.s we are living sustainable life.

Various surveys indicate that there is a significant increase in water, air and noise pollutions during and just after the festivals. But any celebrations should not harm, hurt or disturb anyone right from aged to children and also to our precious ecology.

It is our responsibility to make use of eco-friendly festivals in a larger way so that there will be a pollution free atmosphere everywhere and we can celebrate it without any harm to our environment.

We can make Eco Friendly Ganesh Idols with "Mud/Clay" or "Turmeric" or "Flour".

"BE THE CHANGE"

"GO FOR GREEN (CLAY) GANESH"

BE ECO-FRIENDLY...

USE ECO-FRIENDLY...

Signature of NSS Program officer







Date: 13/08/2020 Venue: KLEF

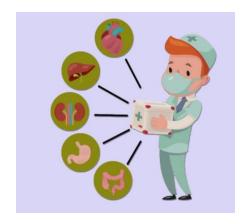
Event: Webinar on Organ Donation (Awareness Programme)

KL Deemed to be University (Koneru Lakshmaiah Education Foundation) Engineering & Non-Engineering National Service Scheme (NSS) Volunteers participated in Webinar on Organ Donation (Awareness Programme) on the eve of "World Organ Donation Day" which is on 13-08-2020.82 members are participated.

Summary of the Event

Even after death, some organs of the body can be preserved and stored. If these organs are donated, it might save somebody else's life. The rate of organ donation has significantly increased due to the number of successful cases.





Organ Donation is defined as the removal of organs from a body and transplanting it to a new body by surgical means. The requirement for new organs usually arises when a person loses an organ to some accident or stops functioning.

Ex: Liver, Retina, Heart, Kidney etc..

Organ transplant depends on the availability of human organs. Organ transplantation is the only way of saving lives of patients who have had terminal organ failure.

A person can sign up and register for donating his organs. In this case, a person voluntarily consents to donate his organs after his death. After he passes away, the doctors remove the

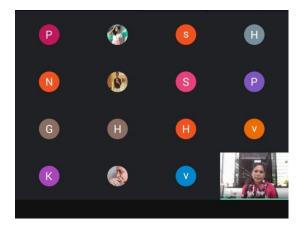






eyes and other organs that can be preserved from his body and stores them. These donated organs are used to help patients in need of organ transplantation.

Also, if a person is declared brain dead by doctors, his family members can officially consent to donate his organs. Such cases usually happen when a patient is desperately in need of an organ and delay can be fatal.





So, the speaker of the webinar explained the need, importance and all other details regarding the organ donation.

"RECYCLE YOUR LIFE"

"BECOME AN ORGAN DONAR"





"GIVE SOME ONE A SECOND CHANCE"

"ONE ORGAN CAN SAVE 8 LIVES"







"BE A DONAR, BE A HERO"



Recycle your life Become an Organ Donor

"NOTHING CAN BE BETTER THAN HELPING SOMEONE AFTER YOUR DEATH WHEN YOU DONATE YOUR ORGANS"

Signature of NSS Program officer







Date: 26/08/2020 Venue: Respective Houses

Event Name: Plantation

NSS Volunteers of All Departments of K L E F are trying to plant trees in their households as it contributes to environment in many ways.

Since the beginning, trees have furnished us with two of life's essentials, food and oxygen. As we evolved, they provided additional necessities such as shelter, medicine, and tools. Today, their value continues to increase and more benefits of trees are being discovered as their role expands to satisfy the needs created by our modern lifestyles.



Trees contribute to their environment by providing oxygen, Improving air quality, climate amelioration, conserving water, preserving soil and supporting wildlife.

Trees control climate by moderating the effects of sun, rain and wind. They also lower the air temperature and reduce the heat intensity of the greenhouse effect by maintaining low levels of carbon dioxide.











Trees have supported and sustained life throughout our existence. They have a wide range of practical and commercial uses.

Trees provide important habitat for wildlife and are fundamental to many ecosystems on Earth. Even just a view of trees in cities can help to reduce stress and anxiety, and improve the overall well-being of an urban population.

Trees are important for physical and mental wellness. A view of trees and green spaces from hospital windows has been found to increase the healing of patients, decrease our stress, and children do much better in school when they have a view of trees and green space and can spend time playing in nature.

You can grow your own fruit or nuts in your backyard. By planting fruit or nut trees in your yard, you can produce abundant food for yourself and your family, and perhaps even enough to share with friends, neighbors, other family members, and others in your community.

Trees produce many important products that we use in our daily lives, including wood, medicine, and food.









"Save the trees, Save the Earth. We are the guardians of nature's birth"

Signature of NSS Program officer







Date: 26/08/2020 Venue: Respective Houses

Event Name: Swacch Bharat

NSS Volunteers of All Departments of K L E F are trying to keep their surroundings neat and clean to maintain a healthy Hygeine. In the present global pandemic crisis we need to keep our houses and surroundings clean.

Summary of the Event

All of us live in a neighborhood or surrounding. We must keep our surroundings neat and clean. This will help us to live healthy and better lives. Keeping our surroundings clean will only help in the betterment of society.

Every household generates waste or garbage. Now, waste or garbage should not be thrown anywhere, and everywhere, but only in trash bins. Throwing garbage all over the place will only dirties our surroundings and pollutes the environment.



Controlling the use of plastic bags will also help to keep our surroundings clean. One should use recycled and eco-friendly products such as paper or jute bags instead of plastic bags. Throwing of plastic bags by the roadside only makes our surroundings dirty and unhygienic. Plastic bags are not soluble so they clog drains and cause water logging.







Do not litter on the road or in your neighborhood. Littering cause's land, air and water pollution. Try planting trees and plants that will beautify our surroundings as well as keep us healthy.



Greener surroundings look beautiful and also reduce pollution to keep us fit and healthy. Dirtying our surroundings will only cause harm to us. So, keep the surroundings clean and live happy and healthy lives.

Refuse single-use items (especially plastic). Straws, to-go cups, disposable razors, and plastic grocery bags are some ubiquitous examples of single-use products in our economy. Finding a reusable option for these items we use once and toss is a simple way to make a big difference. Reduce use of chemicals & properly dispose of waste. Many industries dispose of their oil, paint, ammonia, and other chemicals openly. This is hazardous to water and air as these chemicals are soaked into the groundwater.

When all of these chemicals combine, it's no wonder cancer rates have skyrocketed. Support regulations and incentives for companies to keep our environment clean. Agriculture is also a known polluter when it comes to chemical runoff. And when it comes to your own back yard, avoid over-fertilizing to make sure you're not contributing to algae blooms from runoff.







Choose natural cleaning methods, environmentally-safer paints, and recycled or nontoxic home improvement materials to keep your indoor air cleaner (and naturally fresh) and your waste less harmful.



"Cleanliness is next to godliness"

"Clean India Beautiful India"







Date: 29/08/2020

Event Name: Fitness@Home

NSS Volunteers of Department of Computer Science and Engineering of K L E F has participated in the challenge "Fitness@Home" on 29th August, 2020

Summary of the Event

On August 15th, Indian Government started "Fit India Youth Club" with the motto of NewIndiaFitIndia. The Fit India Youth Club, a part of the Fit India Movement envisioned by Prime Minister Narendra Modi, endeavours to harness the power of youth to create mass awareness about the importance of fitness, across the country.

So as a part of it, we the NSS team in collaboration with KLEF Physical Education Department organised online Fitness Challenge on the eve of "National Sports Day" i.e 29th August 2020.



Online challenge regarding fitness

Physical activity or exercise can improve your health and reduce the risk of developing several diseases like type 2 diabetes, cancer and cardiovascular disease. Physical







activity and exercise can have immediate and long-term health benefits. Most importantly, regular activity can improve your quality of life.

Exercise can help prevent excess weight gain or help maintain weight loss. When you engage in physical activity, you burn calories. The more intense the activity, the more calories you burn.

Regular exercise helps prevent or manage many health problems and concerns, including:

- Stroke
- Metabolic syndrome
- High blood pressure
- Type 2 diabetes
- Depression
- Anxiety
- Many types of cancer
- Arthritis
- Falls

It can also help improve cognitive function and helps lower the risk of death from all causes. Exercise delivers oxygen and nutrients to your tissues and helps your cardiovascular system work more efficiently. And when your heart and lung health improve, you have more energy to tackle daily chores.









Regular physical activity can help you fall asleep faster, get better sleep and deepen your sleep. Just don't exercise too close to bedtime, or you may be too energized to go to sleep.

Exercise and physical activity can be enjoyable. They give you a chance to unwind, enjoy the outdoors or simply engage in activities that make you happy.

Physical activity can also help you connect with family or friends in a fun social setting. Exercise and physical activity are great ways to feel better, boost your health and have fun.

"NEW INDIA FIT INDIA"

Signature of NSS Program officer





Date: 30/08/2020

Event Name: Mann Ki Baat

NSS Unit-7 Volunteers of Department of Computer Science and Engineering of K L E F has participated in the Prime Minister's Mann Ki Baat on 30th August, 2020

Summary of the Event

PM Narendra Modi on Sunday addressed the nation through his radio programme 'Mann Ki Baat'.

It's 68th edition of 'Mann Ki Baat'

Key points delivered in it:

Innovation:

India is known as a land of innovators. He encouraged youth to be more innovative. Everyone acknowledges capability of Indians to offer innovation, solutions, when there is dedication and sensitivity, this power becomes limitless. At the beginning of this month an app innovation challenge was put before youth of country.

Regarding ONAM:

This is time for festivals, but there should be sense of discipline among people due the present pandemic situation. We need to celebrate festivals with simplicity and with more devotion.

Onam festival is also being celebrated with gaiety and fervour. The zest of Onam today has reached distant chores of foreign lands. Be it America, Europe or Gulf countries, the verve of Onam can be felt everywhere. Onam is increasingly turning out to be an international festival.

Regarding Toys:





Globally toy industry is over 7 lakh crore but India's share is very small, we need to work collectively to increase it. We should develop toy clusters in India to make our nation a toy hub.

We have given focus on toys in the National Education Policy too. Learning while playing, making toys etc has been made a part of curriculum.

Regarding Farmers:

Even in the present crisis farmers are working hard. What they have achieved in the testing times of corona is noteworthy. Sowing of Kharif crops has been seven percent higher than last year while cotton has been sown about three percent higher.

Regarding Nutrition:

In this revolution for nutrition, people participation is also very important. Public participation makes it successful. In the last years, a lot of efforts have been made in this direction.

Regarding App Challenge:

Under Aatma Nirbhar Bharat app innovation challenge, there is an App 'Kutuki Kids Learning App'. This is an interactive app for children in which they can easily learn many aspects of maths, science through songs and stories.

This challenge is aimed at identifying the best Indian Apps that are already being used by citizens and have the potential to scale and become world class Apps in their respective categories. He also asked the young entrepreneurs to develop computer games.

Regarding Dogs:

PM hailed the role of dogs in various security operations. He spoke about the Indian Army dogs Vida and Sophie, who were awarded the Chief of Army Staff 'Commendation Cards' on the 74th Independence Day this year. He urged all Indians who were thinking of adopting pets to bring home dogs of local breeds.

Signature of NSS Program officer





Date: 01/09/2020

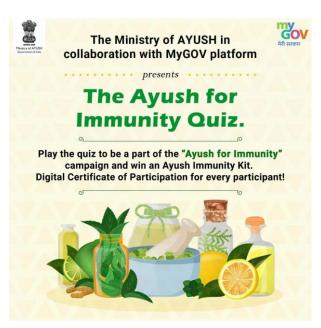
Event Name: Aatmanirbhar Bharat - AYUSH for Immunity Quiz

NSS-Unit-7- Volunteers of Department of Computer Science and Engineering of K L E F has participated "Aatmanirbhar Bharat – AYUSH for Immunity Quiz" on 1st September, 2020.

We NSS volunteers have participated in the online quiz of Aatmanirbhar Bharat – AYUSH for Immunity Quiz. 96 members are participated and 9 members faculty.

Summary of the Event

The Ministry of AYUSH presents the "Ayush for Immunity" Quiz in collaboration with MyGov Corona Hub



You are the master of your own health. This is the central theme of the campaign "Ayush for Immunity", launched by the Ministry of AYUSH.

The immense strengths of **Ayush** systems of healthcare in enhancing immunity came into the spotlight during the #**Covid-19** crisis.











To increase awareness about Ayush practises that help increase general health and immunity, the Ministry of AYUSH has launched the campaign "Ayush for Immunity". This citizencentric campaign will focus on simple and easily accessible solutions for improving general health of citizens across the country.

AYUSH For Immunity Quiz

Start Date: 21/08/2020 End Date: 14/11/2020

Indian citizens aged 14 years and above can participate in the quiz and win the exciting prizes. So we the NSS team, participated in the quiz and learnt new things.



#Ayushforimmunity #Ayushforlife #Immunityforall







Signature of NSS Program officer







Date: 16/09/2020

Event Name: WORLD OZONE DAY

Team NSS Unit-7 of K L E F has organized a Drawing Competition on the eve of "WORLD OZONE DAY" i.e 16th September, 2020.

Every year September 16th is we celebrate World Ozone Day. The main aim is to remind the world about the depletion of the ozone layer and its dangers.



POSTER

The ozone layer of the Earth protects us from the harmful ultraviolet rays of the sun. Unfortunately, our race for maintaining a high quality of life has led to its depletion.

On January 1st 1989 the Montreal Protocol came into force to stop the depletion and reduce the usage of substances that cause holes in our protective blanket.

Sustaining the Ozone layer is hence the collective responsibility of all the nations.























Few Arts Submitted by Participants







We as NSS planned to conduct a Drawing Competition with theme "Save Ozone Save Earth" to exhibit your creativity and ideas towards importance to save ozone layer out of depletion. Many students participated in the competition and showcased their creativity. Certificates are awarded to all the participants who participated in the competition.



CERTIFICATE

We are the agents of Environment change. Let's join hands to preserve life on this planet by protecting Ozone Shield.

Let's take a oath to protect Ozone layer and save earth on World Ozone Day.

"Earth without OZONE is like a house without roof"

"Ozone, not a layer but a protector"





| | Signature | of NSS | Program | officer |
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Date: 30/09/2020 Venue: ONLINE

Event: Webinar on the eve of World Heart Day

KLEF NSS Unit – 07 has conducted an "Awareness program on Prevention of heart attack and stroke" on 30th September from 11:00 AM to 12:00 PM.



HEART DAY POSTER

As 29th September is "World Heart Day", it's a reminder to take care of your heart so that you live a better, longer and more heart-healthy life. Do what it takes to start, to have a healthy heart.

The one organ in our body which gives us the real meaning of being alive is our heart.

Summary of the Event

Dr. Murali Babu Rao, Senior Cardiologist from Guntur Government General Hospital is the speaker of the webinar. Unit Program Officer Dr P. Yellamma, other unit PO's and NSS volunteers joined the webinar and gained knowledge regarding heart diseases.









WEBINAR POSTER

The Doctor had discussed many topics related to heart, prevention of heart diseases, symptoms, risks, diet to be taken and things to follow daily to be healthy etc...

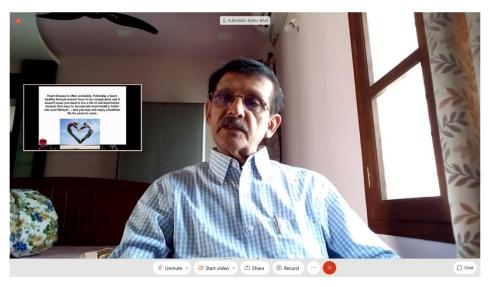
Topics Discussed:-

- → What is Heart Disease?
- → What is Atherosclerosis?
- → What is Coronary Artery Disease?
- → Are other organs affected?
- → Symptoms of Heart Disease?
- → What Increases the risk?









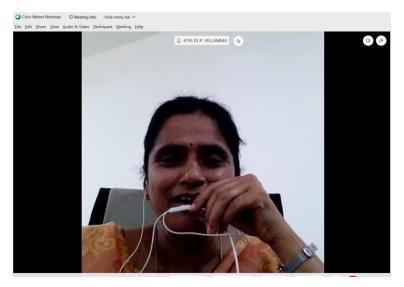
Dr Murali Babu Rao sir session

- → Good vs. Bad Cholesterol?
- → Obesity?
- → Various reasons that causes heart diseases? (Smoking, physical inactivity, alcohol, diabetes etc...)
- → Preventing Steps to protect Heart.
 - ⇒ Dietary Guidelines
 - ⇒ Exercise
 - ⇒ Stop Smoking and Alcohol Consumption
 - ⇒ Controlling Blood Pressure
 - ⇒ Controlling Blood Sugar
 - ⇒ Reducing Cholesterol









Program Officer of Unit – 7 Yellamma Mam

→ Finally the Doctor has clarified all the doubts and myths of the participants.

from 190031455 SHRI HARRSHA SAMALA to everyone: 12:04 PM sir daily 1hour is sufficient to do exercise from 190031253 Gyan Sai Kumar to everyone: 12:08 PM Sir is fatty milk is completely harmful sir? from 190030601 ADITHYA INAMPUDI to everyone: 12:09 PM how to control Blood Pressure from 4099_P.Suresh to everyone: 12:09 PM HOW many hours sleep in a day from Dr.P.V.Chalapathi ME-5869 to everyone: 12:09 PM how to differentiate heart stroke and brain stroke looking at a patient? from 190031243 PALLETI SRAVANI to everyone: 12:11 PM sir my father consulted doctor sir doctor said that 50% block in supplying of blood sir and also sweat sir .can you suggest any precautions to been taken sir from 180040194 Prakash Reddy to everyone: 12:11 PM what is first aid to be taken before taking to hospital when there is a cardiac arrest?

Doubts by the participants and their family members

from 190031440_Sai Kiran Reddy to everyone: 12:13 PM

Sir Can U suggest the what type of food diet to prevent the heart attack..

to 4795 Dr.P. YELLAMMA (privately): 12:13 PM

k mam

from 190031455 SHRI HARRSHA SAMALA to everyone: 12:15 PM

what weight should be maintained with age ?

from 190031243 PALLETI SRAVANI to everyone: 12:20 PM

should we use medication for blood block life long sir

from 190031243 PALLETI SRAVANI to everyone: 12:21 PM

if the lifestyle is balanced also sir

from 180031090 NAMA RAJESH to everyone: 12:21 PM

how corona virus is affecting human heart







from 180031090 NAMA RAJESH to everyone: 12:23 PM

having less blood in body effects heart sir?

from 190031243 PALLETI SRAVANI to everyone: 12:25 PM

sometimes if we have pain near heart and chest is it related to heart attack sir

from 180040428 P.Namratha to everyone: 12:25 PM water content we need to intake per day sir?

from 190031580 Tangaturu chandana to everyone: 12:26 PM

can we prevent genetic diabetes

Queries or myths asked by participants

Heart disease is often avoidable. Following a heart-healthy lifestyle doesn't have to be complicated, and it doesn't mean you need to live a life of self deprivation.

Instead, find ways to incorporate heart-healthy habits into your lifestyle and you may well enjoy a healthier life for years to come.

"Misfortunes always come in by a door that has been left open for them"

Signature of NSS Program officer

Signature of CSE HOD



Day"





Date:06/10/2020

Venue: Cisco Webex Events Event Name: Webinar on "National Voluntary Blood Donation

NSS Volunteers of Dept of CSE of K L E F has Conducted webinar on "NATIONAL VOLUNTARY BLOOD DONATION DAY" on 6th October 2020 in online Platform I.e CISCO WEBEX EVENTS as a part of this NSS Volunteers from Unit-1, Program Officer Naveen N are involved with Chief Guest as Dr. S. Madan Mohan.

On the day of the event, all the 68 NSS volunteers along with the program officers joined the webex meet sharply at 10:30 AM.

The Program was hosted by NSS UNIT-1 Volunteer and after gathering online due to COVID-19 Pandemic Situation started the session.

Honorable Chief Guest Dr. S Madan Mohan Sir – Senior Medical Officer, REDCROSS Blood Bank, Vijayawada joined the Cisco Webex Meet Provided to him by the NSS Volunteers at 10:30 AM.







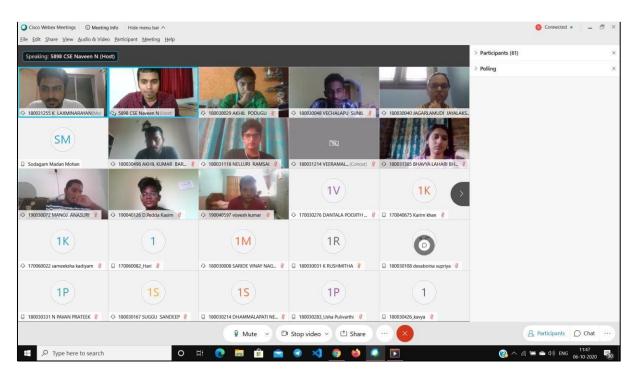


After the Session was started, the honourable guest started explaining about the importance of blood donation and how blood donation takes place and explained how one should get motivated towards donating blood.

He then addressed why people lack interest in donating blood and cleared all the myths that people think about. He also mentioned some blood donation issues and how people make it more controversial.

He also explained clearly how voluntarily donating blood helps the society and also inspired many of our volunteers.

After all the explanation the Question and answer session began and the NSS Volunteers voluntarily asked questions to the doctor and he clarified all the doubts, obligations that were present in the mind of the respective volunteers.



After the Question and answer session was over all the NSS Volunteers showed a gratitude towards the doctor and thanked him for the wonderful webinar.

Some of the Volunteers had prepared a video related to Blood Donation and that was played to inspire other persons and the Video was on BLOOD DONATION - MYTHS / FACTS.







The Poster of the Event:-



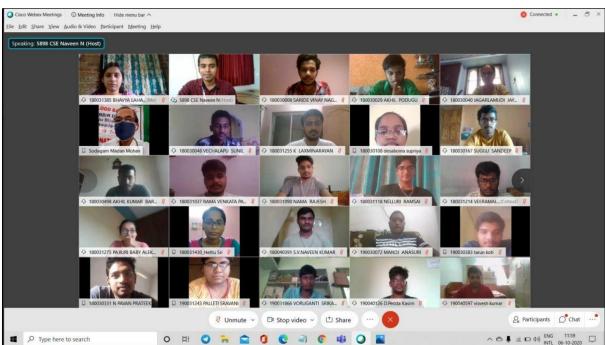
"Nothing is a more precious gift than gifting life to someone." Donate Blood Save Lives!!











OUR TEAM

Signature of NSS Program officer

Signature of CSE HOD







Date:31/01/2021

venue: KL University

Event Name: NATIONAL VOTER'S DAY

NSS Volunteers of Dept of CSE of K L E F has Conducted "National voter's day" on 31st January, 2021 virtually. As a part of this NSS Volunteers from Unit-1, Program Officer Naveen N are involved.

On the day of the event, all the 113 NSS volunteers along with program officer and C. kartikeyan sir participated in the event

Summary of the Event

After a long 10 months of pandemic, Finally when things are slowly getting into normal . Unit-1 NSS conducted the "National voter's day" creating the awareness on the importance of right to vote by describing the disadvantages to the society when the voter's neglected their voting right.

"Voting is the expression of our commitment to ourselves, one another, this country and this world."

- Sharon Salzberg













National Voters Day Quiz

Link to quiz: bit.ly/voters-day-quiz

January 31, 2021, 2:00 PM Mode: Online



Unit-1 NSS conducted a quiz program in which students, faculty and all the NSS volunteers can participate in the events virtually.

Signature of NSS Program officer

Signature of CSE HOD







Date: 15/03/2021 Venue: CHIRRAVURU

Event Name: Anti-Discrimination Awareness

NSS Volunteers of Dept of CSE of K L E F has Conducted "Anti-Discrimination awareness" on 15thMarch, 2021 in one of the village adopted by the K L University i.e Chirravur. As a part of this NSS Volunteers from Unit-7 and Co-ordinators from 4th years participated in the event.

Faculty involved: Dr P Yellamma, N. Sunanda, T. Siva Krishna, G.V.K.V. Chandra Shekar, Dr T. Praveen, K. Kavitha.

On the day of the event, all the 20 NSS volunteers along with faculty started from the college at 10.00 am in bus and reached the Chirravur by 10.30 am.

Objective of this Programme: To educate school studentson anti-discrimination and to inculcate the idea of equality among students.

Summary of the Event

After reaching the village, volunteers went to ZPHS School and met the students from VI to IX and asked them about their opinion on gender discrimination.



Volunteers said about the importance of treating each and every person equally irrespective of their gender, caste and religion.









Then we informed them that women are equally capable of doing any activity and they are not less than men.



We also talked about the society thoughts and assumptions about discrimination and how they need to change their mind sets and treat everyone equally.

We informed to the children about various ways in which people are discriminating in the society.

i.e. Caste, Disability, Language, Name, Nationality, Race, Region, Age, Religious beliefs, Sex etc...









"Let's practice motivation and love, not discrimination and hate"



OUR TEAM







Signature of NSS Program officer

Signature of CSE HOD

Volunteers Participated:

| ID.NO |
|---------------------------------------|
| 190030320 |
| 190031324 |
| 190031367 |
| 190031559 |
| 190031583 |
| 190031056 |
| 190031374 |
| 190031281 |
| 190031225 |
| 190030382 |
| 190030086 |
| 190030470 |
| 190030226 |
| 190030390 |
| 190030319 |
| 190031381 |
| 190031882 |
| 190030328 |
| 190031416 |
| 190030332 |
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Date: 20/02/2021 Venue: CHIRRAVURU

Event Name: Importance of Education for Dropouts

NSS Volunteers of Dept of CSE of K L E F has Conducted "Importance of Education" on 20st February, 2021 in one of the village adopted by the K L University i.e Chirravur. As a part of this NSS Volunteers from Unit-7 and final year students participated in the event.

Faculty involved: V. Lakshmi lalitha, P.v. Satya narayana, M. Sri lakshmi, M. praveena, Dr. Nilu singh.

On the day of the event, all the 57 NSS volunteers along with faculty started from the college at 10.00 am in bus and reached the Chirravur by 10.30 am.

Objective of this Programme: To educate people about importance of education for dropout student.

Summary of the Event

The program was initiated to create awareness about importance of education for dropout students, so that it will benefit the society and themselves as well.

Many of us are better regarding financial condition so we are able to continue education till now...but this is not same for everyone. Many people are unable to make their children educate due to their financial conditions, gender bias and many other reasons...

So to witness the true side of society why many drop outs are still occurring especially in case of girls. So we planned this event.

We went home to home in village and asked whether their children are studying or not?









If studying we asked them how education has impacted their child.

If no, we asked for the reasons and we told them the importance of education and how it creates impacts on life.



OUR TEAM

"Education replaces empty mind with positive thoughts."







Signature of NSS Program officer

Signature of CSE HOD







Date: 20/02/2021 Venue: CHIRRAVURU

Event Name: Say No To Junk Food

NSS Volunteers of Dept of CSE of K L E F has Conducted "Road Safety awareness" on 20st February, 2021 in one of the village adopted by the K L University i.e Chirravur. As a part of this NSS Volunteers from Unit-7 and final year students participated in the event.

Faculty involved: Dr P Yellamma, V. Lakshmi lalitha, P.v. Satya narayana, M. Sri lakshmi, M. praveena, Dr. Nilu singh.

On the day of the event, all the 57 NSS volunteers along with faculty started from the college at 10.00 am in bus and reached the Chirravur by 10.30 am.

Objective of this Programme: To educate people about the hazards of eating junk food and food to take so you will be healthy and strong.

Summary of the Event

After reaching the village, volunteers met the students in the school and conducted a survey that how many are eating junk food. Volunteers said about the hazards of eating junk food and created awareness among the students regarding food.





Then they informed them about the fruitful results of eating healthy food like milk, egg, vegetables, fruits and dry fruits.









We also told about the health issues like digestion problems, obesity, stomach cancer, cardiovascular diseases, and fatty liver and so on, that occur as a result of junk food intake.



"Don't ask why healthy food is so expensive. Think why junk food is so cheap"







Date: 20/02/2021 Venue: CHIRRAVURU

Event Name: Road Safety Awareness

NSS Volunteers of Dept of CSE of K L E F has Conducted "Road Safety awareness" on 20st February, 2021 in one of the village adopted by the K L University i.e Chirravur. As a part of this NSS Volunteers from Unit-7 and final year students participated in the event.

Faculty involved: Dr P Yellamma, V. Lakshmi lalitha, P.v. Satya narayana, M. Sri lakshmi, M. praveena, Dr. Nilu singh.

On the day of the event, all the 57 NSS volunteers along with faculty started from the college at 10.00 am in bus and reached the Chirravur by 10.30 am.

Objective of this Programme: To educate People about the road safety and what precautions need to be taken to avoid road accidents.

Summary of the Event

The program was initiated to create awareness about the road safety measures so that it will benefit the society on a long run.





Giving awareness regarding road safety to people







After reaching the village, volunteers met the members of the village and gave the awareness on road safety and identified the places where accidents are likely to occur. A few places are identified for the event.

Some of our Volunteers had met the members who were travelling on the road and gave some precautions about road safety like wearing helmet, don't use phone while driving, don't drink and drive, drive very slow and follow traffic rules, due to which accidents are likely to occur.

They met the people and distributed the pamphlets and made them aware of importance of Road Safety and effect of accidents.





Most of the villagers showed a great interest towards Road Safety and they gave an assurance that they will follow the traffic rules while travelling.

The people were very interactive and supportive when we were explaining them.











"Alert today – Alive tomorrow"



OUR TEAM

"Better be Mister Late than to be Late Mister"







Signature of NSS Program officer

Signature of CSE HOD







Date: 15/03/2021 Venue: CHIRRAVURU

Event Name: Water Conservation Awareness

NSS Volunteers of Dept of CSE of K L E F has Conducted "Water Conservation Awareness" on 15th March, 2021 in one of the village adopted by the K L University i.e Chirravur. As a part of this NSS Volunteers from Unit-7 and Co-ordinators from 4th years participated in the event.

Faculty involved: Dr P Yellamma, N. Sunanda, T. Siva Krishna, G.V.K.P. Chandra Shekhar, Dr. T. Praveen, K. Kavita.

On the day of the event, all the 20 NSS volunteers along with faculty started from the college at 10.00 am in bus and reached the Chirravur by 10.30 am.

Objective of this Programme: To educate people about Water Conservation and steps that are to be taken to preserve and reduce wastage of water.

Summary of the Event

After reaching the village, students went to door to door and gave awareness about importance of water. Students explained why the water have to be conserved and they explained what happens if water is not conserved.



Then they informed them about how to store the underground water. And some of the ways to save the water.







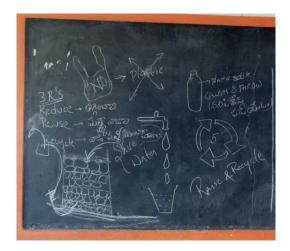




Students also told some of the tips for not to waste the water and how to reuse water. For example, water which used to wash the vegetables can also use for plants instead of wasting.



Later we also conducted the same programme to the ZPHS School Students.









We interacted with how they are utilising water in different ways then we discussed the ways how to reduce the wastage of water.



Ways to save water:

- → Use of Jug while brushing your teeth.
- → Turn off the taps while not in use.
- → Washing vegetables in a tub of water instead of a running tap.
- → Don't throw plastic in rivers or ponds to reduce pollution.
- → Use low flow showerhead.
- → Water your yard and outdoor plants early or late in the day to reduce evaporation.
- → Use a broom, not a hose to clean driveways and walkways.
- → Use a shut off nozzle on your hose.









OUR TEAM

"WATER WATER EVERY WHERE,

TRY TO SAVE IT IF YOU CARE"

"DON'T LET WATER RUN IN THE SINK

OUR LIFE IS ON THE BRINK"

Water conservation for today is life conservation for tomorrow.







Signature of NSS Program officer

Signature of CSE HOD

VOLUNTEERS PARTICIPATED:

| ID.NO |
|-----------|
| 190030320 |
| 190031324 |
| 190031367 |
| 190031559 |
| 190031583 |
| 190031056 |
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